

Your appointment is at Northfield Hospital Campus

(2000 North Avenue)

Date: _____

Time: _____

Please check in at:

- Women's Health Center
- Hospital Front Desk
- Emergency Department

Diagnostic Imaging is a service of Northfield Hospital + Clinics.

Other Imaging Services include:

- General Radiology (X-ray)
- Computed Tomography (CT)
- PET/CT
- Fluoroscopy
- Diagnostic Ultrasound
- Digital Mammography
- Echocardiography
- Nuclear Medicine
- Bone Densitometry (DEXA)
- Magnetic Resonance Imaging (MRI)

For information:

Diagnostic Imaging

Phone: 507-646-1143

Fax: 507-646-1144

Clinics, Hospital + Specialty Care

Farmington Clinic
4645 Knutsen Drive
Tel: 651-460-2300

Lakeville Clinic
+ URGENT CARE
9974 – 214th Street W
Tel: 952-469-0500

Lonsdale Clinic
103 15th Avenue SE
Tel: 507-744-3245

Northfield Clinic
2000 North Avenue
Tel: 507-646-1494

Express Care Clinic
706 Division Street
Tel: 507-646-6700

Rehabilitation Clinics
Lakeville:
9913 214th Street W.
Tel: 952-985-2020

Northfield:
1381 Jefferson Road
Tel: 507-646-8800

Women's Health Center
2000 North Avenue
Tel: 507-646-1478

Orthopedic Services
Northfield:
1381 Jefferson Road
Tel: 507-646-8900

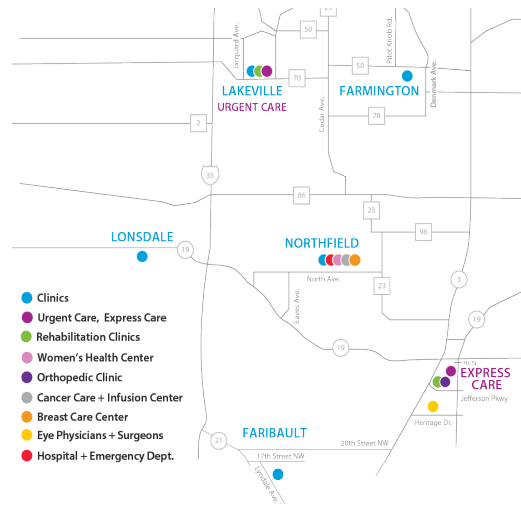
Faribault:
1645 Lyndale Ave N #103
Tel: 507-334-1601

Faribault Clinic - ENT
1645 Lyndale Ave N.
Tel: 952-469-0500

Cancer Care & Infusion Center
2000 North Avenue
Tel: 507-646-6979

Breast Care Center
2000 North Avenue
Tel: 507-646-1143

Northfield Eye Physicians + Surgeons
2019 Jefferson Road
Tel: 507-645-9202



northfieldhospital.org

© 2019 Northfield Hospital & Clinics
DU-DI-1/2019 rev



Diagnostic Ultrasound

What you need to
know about **Diagnostic
Ultrasound**

What is an Ultrasound?

An ultrasound is a procedure that uses high frequency sound waves to create an image of the body. There is no radiation used in ultrasound.

Preparing for your exam

- The preparation will depend on the type of ultrasound exam your provider has ordered.
- Check the instructions for your specific exam.

Type of exam you are having:

Ankle Brachial Index (ABI) - with or without exercise

- You may walk on a treadmill as part of this exam. Wear pants that can be rolled up and shoes that are easy to take on and off for walking.

Arterial / Venous - Legs

- Wear easily removable pants, socks and shoes.

Arterial / Venous - Arms

- No preparation needed.

Abdomen or Aorta

- Take necessary medication with a small sip of water.
- DO NOT eat, drink, chew gum or smoke for 8 hours before your exam.

Breast

- No preparation needed.

Carotid

- No preparation needed.

Kidney (Renal)

- Take necessary medication with a small sip of water.
- DO NOT eat, drink, chew gum or smoke for 8 hours before your exam.

Kidney (Renal) / Bladder

- Take necessary medication with a small sip of water.
- DO NOT eat, drink, chew gum or smoke for 8 hours before your exam, except to fill your bladder as noted:
- To fill your bladder:
 - Go to the bathroom 1 hour before exam.
 - Drink at least 20 oz. of clear liquid. Do not drink anything with caffeine.
 - Finish drinking 45 minutes before your exam.
 - Keep your bladder full for the exam.

Thyroid

- No preparation needed.

Testicle

- No preparation needed.

What to expect

- The average time for the exam is 30-60 minutes.
- You will be comfortably positioned on a cushioned exam table.
- A gel is applied to the area of skin to be imaged.
- A hand held instrument will be moved across the area being examined.
- You will be able to ask questions, however, the sonographer cannot give you any results.
- You may resume normal activities after the exam.

Results

The radiologist will review the images and send a report to your provider in 2 to 3 business days, but can take as long as a week. Your provider will inform you of the results. You may also view your report online through **MyHealth Info** available three business days after the exam has been read by the radiologist.

Scheduling appointments or questions

Please call the Diagnostic Imaging Department Scheduler at 507-646-1143 to schedule or change an appointment, or if you have questions.