

Your appointment is at Northfield Hospital Campus

(2000 North Avenue)

Date: _____

Time: _____

Please check in at:

Women's Health Center

Hospital Front Desk

Emergency Department

Diagnostic Imaging is a service
of Northfield Hospital + Clinics.

Other Imaging Services include:

- General Radiology (X-ray)
- Computed Tomography (CT)
- PET/CT
- Fluoroscopy
- Diagnostic Ultrasound
- Digital Mammography
- Echocardiography
- Nuclear Medicine
- Bone Densitometry (DEXA)
- Magnetic Resonance Imaging (MRI)

For information:

Diagnostic Imaging

Phone: 507-646-1143

Fax: 507-646-1144

Clinics, Hospital + Specialty Care

Farmington Clinic
4645 Knutsen Drive
Tel: 651-460-2300

**Lakeville Clinic
+ URGENT CARE**
9974 – 214th Street W
Tel: 952-469-0500

Lonsdale Clinic
103 15th Avenue SE
Tel: 507-744-3245

Northfield Clinic
2000 North Avenue
Tel: 507-646-1494

Express Care Clinic
706 Division Street
Tel: 507-646-6700

**Rehabilitation Clinics
Lakeville:**
9913 214th Street W.
Tel: 952-985-2020

Northfield:
1381 Jefferson Road
Tel: 507-646-8800

Women's Health Center
2000 North Avenue
Tel: 507-646-1478

**Orthopedic Services
Northfield:**
1381 Jefferson Road
Tel: 507-646-8900

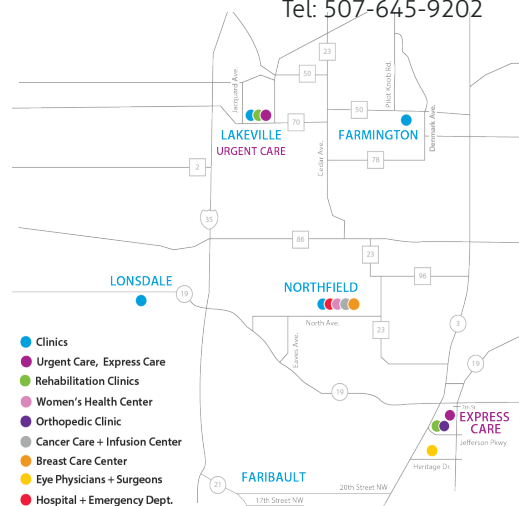
Faribault:
1645 Lyndale Ave N #103
Tel: 507-334-1601

Faribault Clinic - ENT
1645 Lyndale Ave N.
Tel: 952-469-0500

**Cancer Care &
Infusion Center**
2000 North Avenue
Tel: 507-646-6979

Breast Care Center
2000 North Avenue
Tel: 507-646-1143

**Northfield Eye
Physicians + Surgeons**
2019 Jefferson Road
Tel: 507-645-9202



D.E.X.A. Scan

What you need to know
about D.E.X.A. Scan

What is a D.E.X.A. Scan?

Dual Energy X-ray Absorptiometry (D.E.X.A.) is an extremely low dose x-ray test used to measure bone mineral density. The most common reason for a D.E.X.A. Scan is to diagnose Osteopenia or Osteoporosis (loss of bone material) to assess your risk of having a bone fracture.

Preparing for your exam

- Please arrive at least 10 minutes before the time scheduled for your exam in order to fill out a short questionnaire.
- **IMPORTANT**—Do not take any calcium tablets at least 24 hours before the time of your exam.
- If you are pregnant or think you might be pregnant, please contact your provider before coming to your appointment.
- If you have had any barium or other contrast IV exams within 14 days of your D.E.X.A. exam, please call 507-646-1143 to inform the technologist prior to your study, to determine if rescheduling is necessary.

- To avoid having to change into a hospital gown for your exam, please wear comfortable clothes that do not have buttons, snaps, or zippers.
- Your friend or family member is welcome to stay in the waiting room.

What to expect

You will lay on a padded table while a technologist uses a scanner to take images of your hip or spine, and/or forearm. During this procedure, a scanning arm will pass over your body as it reads your bone mineral density.

If you have any questions or concerns about the exam, please feel free to ask the technologist at any time during the procedure.

Results

The radiologist will review the images and send a report to your provider in 2 to 3 business days, but can take as long as a week. Your provider will inform you of the results. You may also view your report online through **MyHealth Info** available three business days after the exam has been read by the radiologist.

Scheduling appointments or questions

Please call the Diagnostic Imaging Department Scheduler at 507-646-1143 to schedule or change an appointment, or if you have questions.